



Mentor Application Form

Please fill out the form below to allow us to help match you to a mentee:

Name	Helen Ord
Where do you live?	Salisbury
What level of training are you?	STR4
Are you a full or less than full time trainee?	Full time
Where is your training post from March 2017?	PICU UHS
What are your career aspirations (including SPIN or Grid)?	Hopefully PICU GRID....I think!
Have you had any previous mentoring experience or training?	Have naturally undertaken lots of informal mentoring
What other work related interests do you have? e.g. education, research	I'm a bit of an adrenaline junky and enjoy unwell patients, the procedures and difficult communication that comes along side that. I'm passionate about our workforce feeling valued and making everyone feel an important member of the team.
What non-work related interests do you have? i.e. hobbies?	I love to spend time exercising – running is the method of choice but enjoy most things outdoors. Also enjoy creative stuff like re-vamping old furniture and sewing.....oh and I enjoy a lot of gin!
Tell us about yourself and what you can offer to a mentee: (approx. 250 words)	Prior to becoming a paediatric trainee, I didn't grow up in Wessex, in fact I went to ten different schools before my GCSEs, thought I would end up being a classical singer for a living and my family live everywhere apart from here! I hope coming from a slightly different background helps me to bring some varied experience to a mentor partnership. I am enthusiastic, honest (occasionally blunt!) and passionate about trainees feeling supported, valued and finding their own place.