



Mentor Application Form

Please fill out the form below to allow us to help match you to a mentee:

Name	Bex Kemp
Where do you live?	Verwood (off the A31 near Ringwood)
What level of training are you?	ST7
Are you a full or less than full time trainee?	Full Time
Where is your training post from March 2017?	PAH NICU
What are your career aspirations (including SPIN or Grid)?	I am currently finishing off a respiratory SPIN. I would like to be a DGH paediatrician with an interest in respiratory medicine and Cystic Fibrosis in particular.
Have you had any previous mentoring experience or training?	No, except supporting my junior colleagues.
What other work related interests do you have? e.g. education, research	I am interested in teaching and involved in medical student teaching and GP training.
What non-work related interests do you have? i.e. hobbies?	<p>I horse ride and am an animal lover, I have a cat called Frodo and a tank of fish (I also want to get a dog, when it's a little more practical!).</p> <p>I am a keen gym goer and fitness is a big part of my life. I enjoy partaking in OCR's (obstacle course races like Tough Mudder). I like being outdoors.</p> <p>Baking is my other passion and I love making cakes to bring in for people to enjoy.</p>

Tell us about yourself and what you can offer to a mentee: (approx. 250 words)

I am a Christian and regularly attend church. I have a boyfriend but live on my own with my cat Frodo and tank of assorted cold water fish.

I enjoy going to the gym and undertaking a physical challenge such as an obstacle course race. Can't isn't a word that I recognise in my vocabulary and am willing to give pretty much anything a go! To make up for the exercise I love baking and eating home made cakes!

I took a long route in to medicine. I initially took a year out and worked in the pharmaceutical industry and then went to uni to do physiology and pharmacology to get a place on a graduate entry medical course. I knew from early on that paediatrics was the career for me.

During my Paeds training I have really enjoyed all of my jobs but they have all had their challenges. I struggled to get my written exams and took each of them a few times and feel I could support a mentee through this challenge. I also feel I could help support them through the challenge of transitioning from being an SHO to registrar level. I am good at listening and want to help those more junior not to fall into some of the pitfalls that I have tripped on. I also think that I am quite a practical person and with the experience I have so far could be helpful in guiding someone with new challenges even if I haven't had them myself.